



## INFORMED ACKNOWLEDGEMENT OF HAZARDS AND RISKS CONNECTED WITH PARTICIPATION IN GOLF

THIS FORM MUST BE SIGNED BY THE STUDENT AND PARENT OR LEGAL GUARDIAN  
IF THE STUDENT IS UNDER 18 YEARS OF AGE.

PLEASE READ CAREFULLY AND BE SURE YOU UNDERSTAND BEFORE YOU SIGN.

### WARNING

Participation in any athletic activity may involve injury of some type to either yourself or a fellow student athlete. Such injury can include direct physical and possibly crippling injury to one's body. There is also the possibility of suffering emotional distress or psychological injury as a result of witnessing or actually inflicting injury to another. The severity of such injury can range from minor cuts, scrapes, bruises, muscle strains, or bone fractures and dislocations to catastrophic injury, such as complete paralysis, or even death. Such injury can impair one's general physical and mental health and hinder one's future ability to earn a living, to engage in other business, social, and recreational activities, and generally to enjoy life.

**Golf** is a competitive outdoor sport. As in all sports, **Golf** involves the RISKS OF SERIOUS INJURY OR DEATH. Common injuries sustained when participating in **Golf** are to the lower back, and the left wrist, left hand and left shoulder (for right-handed golfers). The elbow, neck, and knee are other common sites of injuries. Common injury types for the golfer are tendon and muscle strains, ligament sprains, nerve impairment, and blisters. The majority of these injuries occur during impact or follow-through phases of the golf swing. The repetitive nature of the golf swing and contact with something other than the ball during the swing are the principle injury mechanisms.

The most common cause of serious physical injury or death involves being hit by a golf club, golf ball, or lightning. Slipping and falling due to uneven terrain or due to wearing golf shoes on a smooth surface may similarly result in serious injury or death.

Injury can result from training room procedures; from the use of training equipment; from the administration of first aid; or from failing to follow game, training, safety or other team rules. Injury may result from the use of playing techniques taught and/or from teaching methods employed by Walla Walla Community College coaches. The use of transportation provided or arranged by the College to and from **Golf** games and other related activities also involves a risk of injury or death

The purpose of this WARNING is to bring your attention to the existence of potential dangers associated with athletic participation. **There is, however, always the risk of other types of injuries or the risk of injury or death resulting from other causes not specified here.**

The purpose of this WARNING is also to aid you in making an informed decision as to whether you (or your child or ward) should participate in this athletic activity and, as a condition of such participation, sign the foregoing **ACKNOWLEDGEMENT OF HAZARDS AND RISKS CONNECTED WITH PARTICIPATION IN GOLF**. In addition, its purpose is to make you aware that as a student-athlete (or as a parent or guardian of a student-athlete), it is your responsibility to learn about and/or ask coaches, physicians, or other knowledgeable persons about any concerns that you might have at any time regarding athletic safety and participation in the community college's **Golf** program.

**STUDENT-PARENTAL ACKNOWLEDGEMENT OF HAZARDS AND RISKS**

I have read the above warning, which is incorporated here by reference, and I understand that **Golf** is a sport involving the **RISKS OF INJURY OR DEATH**. I also understand that by participating (or by permitting my child or ward to participate) in the **Golf** program at this community college, I (my child or ward) am subject to the possibility of injury or death as outlined in the **WARNING** above.

**CAUTION**

**BY SIGNING THIS ACKNOWLEDGEMENT OF HAZARDS AND RISKS, I ACKNOWLEDGE THAT I HAVE READ ITS CONTENTS AND WARNING, THAT I UNDERSTAND ITS CONTENTS AND WARNING, AND THAT I AGREE TO ITS TERMS AND CHOOSE TO PARTICIPATE (OR TO PERMIT MY CHILD OR WARD TO PARTICIPATE) IN THE INTERSCHOLASTIC SPORTS OF GOLF AT THIS COMMUNITY COLLEGE.**

---

Signature of Student

Date

---

Signature of Parent or Legal Guardian (if student is under 18 years of age)

Date

**WITNESS – COLLEGE OFFICIAL**

On the \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_\_, I witnessed the execution of the above.

---

Signature of School Official

Position

\*NOTE: If it is not possible for a college official to witness the signature of the parent or legal guardian when the student is under the age of 18, a notary shall witness the parent's or guardian's signature to this acknowledgement of hazards and risks.

***Character, Competition, Community***